



SCHOOL TENNIS NOTEBOOK

WINTER 2009 ISSUE

WELCOME!

Welcome to the second issue of the USTA New England School Tennis Newsletter! This newsletter was designed to keep you informed of all the ways USTA New England is positively impacting tennis both in-school and after-school.

This newsletter will be published quarterly, and will feature stories about in-school and after-school tennis programs throughout New England, as well as showcase various programs associated with the USTA School Tennis Program.

Participate in a Recreational Coaches Workshop (RCW) to hone your skills

Are you a coach, teacher or volunteer for an after-school program? Are you interested in polishing up your skills of teaching tennis to kids or adults who are new to the game? If you answered yes to any of these questions, then a Recreational Coaches Workshop (RCW) might be just what you need.

An RCW is an interactive, 6-hour, on-court training program designed for tennis teachers and coaches working with players at the recreational level. They are taught by a specially trained, certified teaching professional. Each session covers: teaching large groups, the games-based approach to coaching, running effective team practices, and the Top 10 Games Every Coach Should Know. These workshops are an excellent primer for new coaches as well as a valuable refresher for those with teaching experience but who seek more current methods and effective tools.

For more information and to find an RCW in your area, visit: www.usta.com/rcw

2008 is Banner Year for USTA New England's School Tennis In-Service Program



Participants at 2008 USTA New England School Summit.

This has been quite a year for the Community Tennis Department at USTA New England. The School Tennis Program witnessed its most successful year with over 400 teachers trained at 25 in-services throughout all of New England. All of these teachers received a copy of the *USTA Schools Curriculum Kit – A Physical Educator's Guide for Teaching Tennis in Schools*, as long as their school became a USTA Organizational Member. We were able to provide training for teachers in the following school districts:

- Lowell Public Schools – Lowell, MA
- Boston Public Schools – Boston, MA
- Concord Public Schools – Concord, MA
- Region 9 Public Schools – Easton CT
- Coventry Public Schools – Coventry, CT
- ACES Magnet Schools – Hamden, Meriden, New Haven, Northford & North Haven, CT
- Bangor Public Schools – Bangor, ME
- Rocky Hill Public Schools – Rocky Hill, CT
- Bloomfield Public Schools – Bloomfield, CT
- Tantasqua Regional Schools – Fiskdale, MA
- SAU 9 Public Schools – Conway, NH
- Revere Public Schools – Revere, MA
- Biddeford Public Schools – Biddeford, ME
- Orange Southwest Supervisory Union – Randolph, VT
- Cranston Public Schools – Cranston, RI
- Tewksbury Public Schools – Tewksbury, MA
- Central Berkshire Regional Schools – Dalton, MA
- Dudley-Charlton Regional Schools – Dudley, MA
- Framingham Public Schools – Framingham, MA
- Westwood Public Schools – Westwood, MA
- Region 14 School District – Woodbury, CT
- Holyoke Public Schools – Holyoke, MA
- West Springfield Public Schools – West Springfield, MA
- Nashua Public Schools – Nashua, NH
- Agawam Public Schools, Agawam, MA

If you are interested in bringing the USTA School Tennis Program to your school in 2009 or for more information, visit our web site: www.newengland.usta.com, and click on USTA School Tennis. Or contact Kelly Goodhart – goodhart@newengland.usta.com, or (508) 366-3450 x 27.



SCHOOL TENNIS VISION

For tennis to be the most popular sport in physical education classes, at recess and after school and that when participation studies are done in the future, people will remember their first experience in schools as a great one.

USTA New England 2009 Community Tennis Grant Applications Now Available

Each year, USTA New England awards grant money to local organizations who are spreading the game of tennis.

In order to apply, you must be a current USTA Organizational Member. For more information on the grant process, cycles and deadlines, please visit our website—www.newengland.usta.com. Simply click on “Grants & Scholarships,” under the “Community Tennis” link of the left side of the page.

Ask the USTA...

Here at USTA New England, our goal is to promote and develop the growth of tennis in school districts throughout New England. We are your resource, and are here to answer your questions relating to school tennis...

Question:

How do I know what size racquet to use with my students?

Answer:

It's been shown that kids playing with smaller racquets and foam balls learn to play tennis faster & easier. With that in mind, the best use of racquet sizes is as follows:

- Kindergarten = 21"
- Elementary Students = 21" & 23"
- Middle School Students = 23" & 25"
- High School Students = 25" & 27"

For more information on the vendors USTA currently works with, for a copy of the order forms, or to submit your school tennis question, please email: schools@newengland.usta.com.

Join the Growing List of No-Cut High School Tennis Coaches



We want to celebrate and recognize the efforts of our no-cut coaches, so any head coach that registers will receive the following on behalf of their school tennis program:

- Recognition letter to your principal and athletic director
- Customized press release announcing the school's involvement in the No-Cut Coach Initiative
- USTA No-Cut Coach recognition certificate
- One-year subscription to Racquet Sports Industry
- No-Cut Tennis Team banner for your school
- USTA No-Cut Coach cap for you
- USTA Tennis on College Campus Guide
- Top Ten Games and Drills CD
- Access to No-Cut Coach jacket, polo shirts, bags & more from NetKnacks

For more information, to register or to update your record, visit:

www.usta.com/nocut

Apply Today On-Line for a 2009 USTA Recreation Grant

The USTA's Recreational Tennis Division awards grants to non-profit community based organizations that support tennis programming and infrastructure in their local community. Grants are awarded to selected organizations that present a clear vision for establishing community based partnerships to meet these objectives.

Only on-line applications will be accepted. For more information about the process, deadlines and to submit an application, please visit:

https://www.GrantRequest.com/SID_527?SA=SNA&FID=35058

Contact Us

If you have a story idea or want your school tennis program featured, please contact Kelly Goodhart either by email – goodhart@newengland.usta.com or by phone at (508) 366-3450 x 27.